



Stitch a Brick Felted Brick Construction

with thanks to Jennifer Smith for developing this one for us



The purpose of these bricks is to build a wall, or if you like, a barrier. On one side of your brick decorate with something that is a barrier to you – it could be your mental health, bereavement, a job loss – anything that YOU see as a barrier to getting on with your life. On the other side of the brick, we would like it if you could decorate the brick with what has helped you overcome the barrier you identified; be it making new friends, knitting, painting, pets, taking on a new

role at work – anything... these are your barriers that you have overcome, in your own way. Let's see how we have overcome our barriers – if we have! – we may just help others to break down their own walls by sharing these.



1. Create one piece of thick felted fabric measuring 28cm length x 20cm



width. This piece will be folded and stitched to create the 4 sides of a brick. The pic shown is an example only. You can choose your own colours to create your stitched brick. *If you*

are recycling samples already made, you will need 4 pieces of felt measuring 7 cm length x 20cm width.

2. Create or cut two pieces of thick felted fabric measuring 7.5cm x 7.5cm. These are for each end of your brick.

3. Fold your one piece of fabric into 4 and oversew the length of each section to create each side of your brick. Needle felt or oversew the remaining



(2)

long ends together (*or needle felt or oversew your individual recycled samples to create a brick*)



4. Needle felt or oversew one end of your brick into place.
5. Stuff with sufficient padding to create a firm brick. Try not to over stuff this will lead to it rounding.
6. Needle felt or oversew the remaining end of your brick into place.
7. Sew the words of whatever difficulty you may have faced/be facing onto one



side of your brick and on the other, words for whatever has helped you/is helping you through.

You can use the same or different stitches, colour changes & patterns, whatever you want to do, to express your words.

8. Photograph your brick

Package up and send to: Wool@J13, Silkmore Children's Centre, Exeter Street, Stafford, Staffordshire ST17 4EG

JUST ANOTHER BRICK IN THE WALL?

AT WOOL@J13 2020, YOU WILL BE ABLE TO SEE A WALL BUILT OF ALL THE STITCHED BRICKS WE HAVE RECEIVED. YOURS WILL BE AMONG THEM. THEY WILL ALL BE A VERY PERSONAL EXPRESSION FROM EACH PERSON WHO HAS CREATED THEM. BY SHARING YOUR BRICK, YOU MAY HELP OTHERS TO BREAK DOWN THEIR OWN WALLS.

THANKYOU FOR TAKING THE TIME TO TAKE PART.