



## Stitch a Brick Crochet pattern

with thanks to [Fiona Beech](#) for developing this one for us



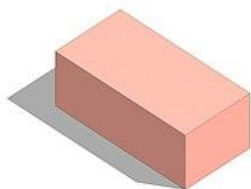
The purpose of these bricks is to build a wall, or if you like, a barrier. On one side of your brick decorate with something that is a barrier to you - it could be your mental health, bereavement, a job loss - anything that YOU see as a barrier to getting on with your life. On the other side of the brick, we would like it if you could decorate the brick with what has helped you overcome the barrier you identified; be it making new friends, knitting,

painting, pets, taking on a new role at work - anything... these are your barriers that you have overcome, in your own way. Let's see how we have overcome our barriers - if we have - we may just help others to break down their own walls by sharing these.



For this project you need to work to the dimensions stated, how you achieve this size is up to you... Any colour, any stitch, any yarn type

Using UK terminology.



←Length measures 21cm x 7cm

←This smaller end measures 7cm x 7cm

- To create my brick, I used a hook size 4.5 and odd scraps of yarn I had lying around - DK or similar
- For the 4 panel pieces I began with a chain 37 stitches long to achieve the 21cm when it was worked into

(2)

- I skipped the first chain space and DC into every stitch (36 stitches)
- Turn the work. DC into every stitch- **do not** miss a space at the beginning of each row
- Continue until your work measures 7cm deep - It took me 15 rows to achieve this
- Keep your tension quite tight to make a firmer brick

Once you have completed 4 panels, you will need to make the **2 smaller ends**

- To achieve 7cm I began with a chain 13 stitches long
- I skipped the first chain space and DC into every stitch (12 stitches)
- Turn the work. DC into every st - **do not** miss a space at the beginning of each row
- Continue until your work measures 7cm deep - It took me 15 rows to achieve this

### To make up

Pin the edges together and blanket stitch around the outside, - this gives a more defined edge - leaving a gap to stuff the brick

Try not to over stuff as this will lead to it rounding

Use simple stitches for the lettering on the 'negative' and 'positive' sides. You can further decorate your brick as you wish. For the more accomplished, you may like to incorporate your decoration into the makeup of the pieces by using colour changes, patterns & different stitches

**Package up and send to:** Wool@J13, Silkmore Children's Centre, Exeter Street, Stafford, Staffordshire ST17 4EG

## JUST ANOTHER BRICK IN THE WALL?

AT WOOL@J13 2020, YOU WILL BE ABLE TO SEE A WALL BUILT OF ALL THE STITCHED BRICKS WE HAVE RECEIVED. YOURS WILL BE AMONG THEM. THEY WILL ALL BE A VERY PERSONAL EXPRESSION FROM EACH PERSON WHO HAS CREATED THEM. BY SHARING YOUR BRICK, YOU MAY HELP OTHERS TO BREAK DOWN THEIR OWN WALLS.

**THANKYOU FOR TAKING THE TIME TO TAKE PART.**