Stitch a Brick

Woven Brick Construction

with thanks to Ruth Sprague for developing this one for us

The purpose of these bricks is to build a wall, or if you like, a barrier. On one side of your brick decorate with something that is a barrier to you - it could be your mental health, bereavement, a job loss - anything that YOU see as a barrier to getting on with your life. On the other side of the brick, we would like it if you could decorate the brick with what has helped you overcome the barrier you identified; be it making new friends, knitting, painting, pets, taking on a new role at work - anything… these are your barriers that you have overcome, in your own way. Let's see how we have overcome our barriers - if we have! - we may just help others to break down their own walls by sharing these.

Woven Brick Dimensions 7cm x 21cm x 7cm

This is just the method I used but I'm sure there are other good ways to construct your brick.

I used iron on interfacing on my weave and stitched along all cut edges to prevent fraying.

I cut one piece 28cm x 21cm. Put right sides together and stitched the 21cm sides together. Turn right side out and oversew the other 4 edges to create an open ended brick shape. This might be the best time to add your words.

I then cut 2 pieces 9cm x 9cm and hemmed each side to make each square 7cm x 7cm. Hemming them gave them a bit more structure so it was easier to oversew them onto each end. I sewed one end, lined with cardboard and stuffed before stitching on the other end.

Package up and send to: Wool@J13, Lower Drayton Farm, Lower Drayton Lane, Penkridge, Nr. Stafford, ST19 5RE

JUST ANOTHER BRICK IN THE WALL?

AT THE NEXT WOOL@J13 SHOW, YOU WILL BE ABLE TO SEE A WALL BUILT OF ALL THE STITCHED BRICKS WE HAVE RECEIVED. YOURS WILL BE AMONG THEM. THEY WILL ALL BE A VERY PERSONAL EXPRESSION FROM EACH PERSON WHO HAS CREATED THEM. BY SHARING YOUR BRICK, YOU MAY HELP OTHERS TO BREAK DOWN THEIR OWN WALLS.

THANK YOU FOR TAKING THE TIME TO TAKE PART.